

a fresh approach to frozen food

Fruit Serving Suggestions

Apricots

These make a great puree served as a coulis with ice cream or double cream.

Blackberries

A wonderful addition to apples in a pie or crumble and great for jams.

Blackcurrant's and Blueberries Both these make a great coulis/fruit sauce. Delicious in pancakes! Great in smoothies.

Bramley Apple Slices Great for apple crumble/apple pie or gently stewed with cinnamon and a little sugar.

Cherry Berry Delicious

Dark Sweet Cherries, Sweet Red Grapes, Blueberries and Blackberries – warm through gently, add a splash of liqueur and serve with cream – indulgent!

Cranberries A must for making cranberry jelly and serving with turkey.

Dark Sweet Cherries These are delicious eaten one at a time straight from the freezer – a healthy gobstopper! Great in a sundae.

FRUIT SALADS - All can be thawed and served on their own, with ice cream, cream, meringues. Great in kid's lunch boxes, thawed by lunchtime and are a healthy fresh, preservative free snack.

Californian Fruit Salad - Melon Balls, Red Grapes, Strawberries and Peach Slices.

Festival Fruit Salad - Strawberries, Peach Slices, Blackberries, Pineapple, Mandarin Segments and Red Grapes.

Tasmanian Fruit Salad - Sliced Strawberries, Peach Slices, Mandarin Segments and Kiwi Slices.

Gooseberries Ideal for gooseberry fool, pie or crumble.

Mango Chunks Delicious simply thawed, great for smoothies. Another winner with children.

Melon Balls Simply thaw and serve – a little Parma ham too makes a great starter!

Raspberries & Redcurrants

Just with cream or in brandy snap baskets and more... All of these sweet red berries have no end of uses. Ideal for making coulis, cheesecakes, or just serve with ice cream.

Rhubarb A classic in crumble or as rhubarb fool.

Strawberries Great for smoothies, jams, coulis, cheesecakes and more.

Summer Fruit

Strawberries, Blackberries, Raspberries, Redcurrants and Blackcurrant's – ideal for summer pudding.

Woodland Fruit

Sliced Strawberries, Raspberries, Blueberries and Blackberries. Simply thaw and serve or use in a summer pudding.



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